CEREALS AND CEREAL PRODUCTS: PROPERTIES OF CERTAIN STARCH 159 VARIETIES AND THEIR SOURCES IN EAST PAKISTAN 159

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The properties and other data of fourteen sources of starch have been described. The starch content and the particle size for each type of the isolated starch have been found to be quite statisfactory for commercial exploitation.

Introduction

Cereals being our staple food, starch for industrial uses, such as sizing materials, production of adhesives, syrups and glucose, must be obtained from other sources of less importance. Such sources have to be so chosen as to contain sufficient quantity of starch which would have properties necessary for commercial purposes. The decision needed numerous analytical experiments on different starchy products. Fourteen varieties such as (a) Mango seed (Magnifera indica); (b) Jack fruit seed (Artocuspus integra); (c) Mukhi Kachu (Colocasia antiquorum); (d) Man Kachu (Alcocasia indica); (e₁, e₂) Pani Kachu (Aqua Casia indica), Narkali Kachu (Cococasia indica); (f) Ol Kachu (Amorphophallus campanulata); (g) Cassava (Manihot utilissima); (h) Shati (Zedoary curcam); (i) Bhet (Nympheca stellata); (j) Singhara (Trapa bispinosa); (k) Makhna (Euryale ferox); (l) Mete Alu (Diosoorea bulbifera); (m) Kaon rice (Setaria itelica) satisfied our requirements, and their properties and other data are recorded in this paper. The starch contents and particle size for each type of isolated starch have been found to be quite favourable for commercial exploitation. As routine, the bye-product of starch was also obtained from (n) defatted ground-nut (Arachis hypogea) meal for analysis.

Experimental

Different varieties of the same sample were collected from the local markets. Their ash, protein, fat, fibre, starch and reducing sugar contents were determined by the methods of A.O.A.C.¹ Analysis of sodium and potassium was made gravimetrically,² that of calcium, volumetrically,³ and those of phosphorus and iron, colorimetrically.⁴

Pure starch was isolated from the materials by the following method. The substance was first washed with water to remove the adhering dirt and then rasped mechanically to a pulp, whereby the cells were broken and starch grains exposed. The mass was thoroughly washed with water and

then subjected to seiving through the fine brasswire sieves which retained the coarser particles of cellulose but allowed the smaller starch granules to pass through. The milky, aqueous suspension, containing practically all the starch and some cellulose, was allowed to stand; the starch settled at the bottom, and the lighter particles of cellulose, etc. were scraped off from the top. The mass was again treated with fresh water and allowed to settle. The supernatant liquid was then decanted off. The starch was centrifuged to remove water and finally dried under vacuum without any heating, and subjected to photomicrographic studies, standardized through several trials with known starch samples from potato, rice and wheat. During the microscopic examination the dimensions of starch particles were also determined.

From Table 1, it is clear that all these food materials except ground-nut are good sources of starch; because their starch content varies from 50 to 91% on dry weight basis. Their ash, protein, fat and fibre content ranges from 0.51 to 5.8%, 2.85 to 12.49%, 0.36 to 2.35% and 1.51 to 12.11%, respectively. These ranges compare favourably with those standard sources like potatoe, rice and wheat. Sodium of all these materials is negligible; and their potassium content is also low, i.e. it varies from 0.0 to 2.9%. They also contain considerable amount of calcium and phosphorus, though their iron content is low.

Table 2 represents some characteristic features of the starch samples and their sources.

The photomicrographic features noted below do suggest grain-sizes, quite suitable for various commercial exploitations.

Photomicrographic features are shown in Figs. 1(a-n).

Generally mango-seed starch (a) is found as a mixture of irregularly oval and round granules. The oval or egg-shaped are usually larger and measure 28 micron; and the smaller are round and measure about 8 micron, the shape of tapering rods. The hilum is distinct and concentric. Granules of jack-fruit seed starch (b) vary from 18 to 5.5 micron, some are round, some are angular and polyhedral. Hilum is distinct and rings are not visible. Their maximum dimension is 18.7 micron and minimum is 5.5 micron. The granules of Mukhi Kachu starch (c) are very small in size and their range is from 5.5 to 1.4 micron. They are more angular than rice starch particles. The majority of the particles are polyhedral. Their central hilum is well-developed, fissure is starshaped and rings are not visible.

The granules of Man Kachu (d) starch have a great resemblance with those of Mukhi Kachu

	Water b g.	Ash. g.	Protein g.	Fat g.	Fibre g.	Reduc- ing sugar g.	Starch g.	Minerals				
Local Name								Na 20 g.	K 20 g.	P g.	Fe g.	Ca g.
Mango seed Jack fruit seed Mukhi Kachu	10.12 62.42 71.24	2.91 4.13 3.31	4.11 12.41 8.75	8.10 1.26 0.36	3.22 3.12 11.01	2.11 2.25 1.51	70.10 75.61 70.23	1.21 Trace	0.92 2.05 2.12	0.173 0.181 0.333	0.005 0.016 0.023	0.048 0.082 0.106
Man Kachu Pani Kachu Narkali Kachu	83.12 84.4 91.12	5.80 2.38 4.72	10.7 5.42 6.11	2.35 0.56 0.61	9.50 12.11 10.52	1.60 15.62 22.22	68.51 50.12 47.70	99 99 99	2.90 1.03 2.40	0.138 0.125 0.285	0.009 0.007 0.009	0.310 0.251 0.259
Ol Kachu Cassava Shati	71.24 9.83	3.31 2.63 1.62	8.75 2.85 1.21	0.36 0.75 0.52	11.01 2.81 1.80	1.51 1.12 1.51	70.23 91.30 83.24	" nil	1.68 1.28 nil	0.153 0.212 0.833	0.007 0.005 0.014	0.095 0.116 0.077
Bhet Singara Makhna	80.17 76.12	0.72 3.63 0.51	10.8 8.62 12.49	1.88 0.72 0.55	9.25 4.51 1.51	2.17 1.61 0.91	71.14 82.10 89.68	Trace ,, ,,	nil 1.58 0.11	0.133 0.444 0.006	0.002 0.412 0.003	0.047 0.211 0.059
Mete Alu Kaon rice Ground-nut (cake)	81.19 10.10 12.8	3.69 1.61 5.2	10.25 10.51 40.6	1.28 1.15 7.5	7.05 1.95 9.6	2.51 1.21	71.21 75.10 15.0	>> >> >>	2.01 0.25 Trace	0.210 0.040 —	0.004 0.021	0.214 0.109

TABLE I.—COMPOSITION ANALY	ISIS OF THE STARCHY PRODUCTS.
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a. Calculated on the basis of dry weight. b. Calculated or

b. Calculated on the basis of fresh weight.

TABLE 2.—SOME CHARACTERISTIC FEATURES OF STARCH SAMPLES AND THEIR SOURCES.

Name of starsh		Faatura	No. of	Average	Kornal	Cont	Dimension of the starch particles				
source	reature		sample analysed	wt.for each g.	%	Coat %	Maxim Micorn	um size % of total number	Minin Micron	num size % of total number	
Mango seed Jack seed Ol Kachu		Seed Seed Corn	7 8 5	22.5 7.1 2500	72.2 97.5 91.9	27.8 2.5 8.1	28.1 24.4 18.7	75 50 60	8.3 7.0 5.5	25 50 40	
Mukhi Kachu Man Kachu		Corn Rhizome (root stock)	6 7	15.02 9500	97.1 85.2	2.9 14.8	5.5 4.6	50 50	1.4 1.3	50 50	
Pani Kachu Narkali Kachu Mete Alu Bhet	 	" Bulbil Seed	7 7 5 8	6512 6500 950 48.5	86.2 86.2 92.1 60.5	13.8 13.8 7.9 39.5	 58.2 7.5	 20 50	 12.5 2.2	50 50 80 50	
Singara Shati Cassava	 	Fruit Rhizome Root	7 8 8	10.5 12.2 512.6	81.9 97.1 94.1	18.1 2.9 5.9	39.0 62.9 18.7	70 25 50	15.1 22.3 22.3	30 75 50	
Kaon rice Makhna Ground-nut	··· ···	Seed Seed Nut	7 8 8	120.1 7.2	98.1 80.0 85.1	1.9 20.0 14.9	17.2 3 13	20 50 40	6.5 1 4.4	80 50 60	

PROPERTIES OF CERTAIN STARCH VARIETIES



Fig. 1.—Photomicrographs of starch granules of different varieties (continued on next page).



(1) Mete Alu

(m) Kaon rice

(n) Ground-nut

not only in shape but in size also. As in Mukhi Kachu the dimension of the Man Kachu starch particle varies from 4.6 micron to 1.3 micron.

The shape of the Pani Kachu (e_1) and Narkali Kachu (e_2) starch particles are almost round and are often massed in small clustres. They are too small to be measured. Neither rings nor hilum are visible.

O1 Kachu starch (f) granules are varied in shape. Some of them are quite round, some have one end cut-off, leaving a concave or flat suface. But some of them also are polyhedral. The majority of the particles are small. Their dimension varies from 18.7 to 5.5 micron.

Cassava (g) granules are round or oval in shape with an indentation on one side which is characteristic of this starch. In polarized light a welldeveloped cross is observed. The size of the granules varies from 18-22 micron.

The majority of Shati starch (h) particles are pear or conical in shape with a few of round shape. But almost all of them have angular cones on both sides. The rings are concentric and hilum is not visible. The dimension of the maximum is 62.9 micron and that of minimum size is 22.3 micron.

Granules of Bhet starch (i) are similar to Mukhi Kachu starch. They are quite angular, the majority being polyhedral. There is a central hilum and rings are not visible. Their dimension varies from 7.5 to 2.2 micron.

Singhara starch (j) particles closely resemble potato starch in shape. Most of them are oval having one or two nodule on both sides. Some of them are almost spherical also. No hilum is apparent, rings are not visible. Dimension varies from 39.0 to 15.1 micron.

Makhna starch (k) granules are smallest of the

starches found. Their size is from 1 - 3 micron. They are spherical with distinct central hilum.

Mete Alu starch (1) particles are regularly triangular in shape. The majority are of maximum size. No hilum or rings are visible. Their maximum dimension is 58.2 and minimum is 12.5 micron.

The shape of Kaon rice (m) starch is quite variable. Some of them are spherical in shape, some are angular and polyhedral. Their central hilum is distinct, fissure is star-shaped and rings are not visible. The dimension of the particles varies from 17.2 to 6.5 micron.

Ground-nut (n) starch granules are spherical in shape. Their hilum and rings are not visible. The upper limits of size are usually 13 to 10 micron and lower limits are about 4.4 - 5 micron.

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